



The Royal Hideaway Spa

Designed around the simple pleasure of total relaxation. The Royal Hideaway Playacar Resort & Spa provides all the individual elements necessary to achieve total tranquility in the tropic.

General Information

Hours of operation

Fitness

6:00 am - 8:00 pm

Spa Facilities

8:00 am - 8:00 pm

Spa Treatments

8:00 am - 8.00pm

Reservation

Advanced reservations are recommended for Spa treatments. Please call Ext. 46 or contact your Villa Concierge

How early should I arrive?

If you would like to use the steam or sauna facilities, 25 minutes is recommended, but if you just wish to have your treatment 10 minutes is enough.

To respect all our guests, if you arrive late, we will not be able to extend the time of your appointment, as that would put our following appointments behind schedule. However, you will be charged for the full treatment.

Can I request a male or female therapist?

Yes. Upon making the reservation, please let us know your preference. We will do our best to accommodate your request, in the event that one is not available, we remind you that all of our therapists are 100% professional and will look out for your privacy in every moment.

What should I wear for my treatments?

As you will be draped during your treatment, we suggest simply your robe and slippers, the ones that we provide in the spa.

Would I let someone know about allergies, illness or disabilities?

Yes, the more information we have, the better. Some of our treatments are not recommended for guests that are pregnant, high blood pressure or with allergies. As well we recommend do not eat or drink alcoholic beverage at least one hour before your massage.

Although our team of masseuse are professionally certified, we are not permitted to fix or diagnose problems that should be attended to by a medic.

How can I ensure a wonderful experience at Spa Royal Hideaway?

Communicate. Talking with your masseuse will help to customize your treatment to be sure you are satisfied. Any sexual insinuation towards the client during the treatment, should be reported immediately to SPA reception, if not, we will not be considered responsible

For any sexual insinuation towards the therapist, the treatment will be immediately cancelled and full charges will apply

Do you have a safe place for my valuables?

The SPA is not responsible for lost items of value (jewelry, cellular phones, cameras, money, etc). In your room, you will find a safety deposit box to keep your valuables.

Gratuities

In appreciation of outstanding services, gratuities may be given at your discretion

Tips are not included in the prices

How do I pay?

If you leave your credit card number in the lobby to open an account, that will allow us to charge your spa treatments directly to your room, otherwise, we accept cash or bank cards.

Cancellation policy

As a courtesy to other guests and our therapists, please give us a 12 hours notice if you must cancel or change any treatments, (no charge).

For any reason that you cannot make your appointment, we would appreciate being notified at least 4 hours prior to avoid the 50% charge.

For a no show we charge a 100% of the scheduled treatments.

Spa retail store & Gift Certificates.

The Spa Retail Store is an extension of our commitment to provide interesting and motivating ways to continue the Spa lifestyle at home.

If you would like to share your Spa experience with friends who will be joining us in the future or are already here, we have Spa gift certificates for them to select the treatment of their choice.

Fitness:

We remind you that for your own safety, it is mandatory to use running shoes and appropriate workout clothing to use the gym and treadmill facilities.

***The use of treadmills is limited to 25 minutes when there are other guests waiting.*

******The services that are included in spa packages, are not **changeable, refundable or exchangeable********

M a s s a g e s....

“Caribbean Love” Couples massage:

Let the rhythm of the music arise your senses.

Sharing feelings and releasing your emotions while reviving connections together with your partner.... moments just between the both of you.

Our therapists have developed this multi-sensory massage, bringing together technical harmony and muscular relaxation to create a perfect formula to invade the senses with an incredible feeling of love.

A full body massage, with long and continuous movements, flowing the rhythm of the music.

In addition to this overwhelming relaxation, it will stimulate your blood circulation and eliminate toxins.

This massage leaves you with a pleasant sensation of silkiness,, to enjoy your partner like never before.

\$140 usd per person (50 min.)

Royal Experience Massage:

Connect mind, body and soul is not easy, and release all of them is a challenge,

Live the “Royal Experience”, and free your body from stress, your mind from worries and your soul will fly away....

An exclusive combination of techniques (Swedish massage and hot stones) will unleash the four elements that will remind you that you are not only the fifth element, but the perfect one...

While your face is pampered with gems ,and warm pillows, your feet will be detoxifying with a warm clay with seaweed.

Ask for this therapy

\$195 usd (110 min.)

Diamond Massage (Signature Treatment)

The Royal Hideaway wants to share with you this grand celebration, for this reason, we have created a massage specially for you, full of our essence, luxury and exclusivity.. Completely designed for grand occasions....

Stretching and relaxing full body massage with golden clay that detoxifies and smooth the skin., besides an unbelievable feet exfoliation rinse done with champagne...

\$180 usd (80 min)

Lomi-lomi massage:

The Lomi-lomi is more than just a massage! A full generation of rhythmic art that the Hawaiians use to give physical and emotional benefits through their forearms and hands. It stimulates circulation and particularly to the lymphatic system. It provokes an agreeable and positive state of mind.

This massage is followed by a fresh exfoliation to finish with a delicious tea.

\$175.00 usd (80min)

Synchronized four hands massage: *Slip into an extremely deep state of relaxation and an unforgettable experience while two therapists perform a synchronized massage.*

\$190.00 usd (50min)

\$140.00 usd (25min)

Hot Stone Therapy: *Provides a deep warm and nurturing massage that is applied with soft, round lava stones, that bring relief to inflamed sore muscles.*

\$175.00 usd (80 min)

Swedish Massage: *Full body massage increases circulation, helps to relax muscles and essential anti-stress program.*

\$125.00 usd (50 min)

\$160.00 usd (80min)

Deep Tissue: *Deeper than a Swedish, releases muscles tension and soreness.*

\$125.00 usd (50 min)

\$160.00 usd (80 min)

Sport: *This massage is excellent before or after sport activity. This is an active massage.*

\$160.00 usd (50 min)

\$120.00 usd (25 min)

Aromatherapy: *Welcome to the aroma’s world! Combination of different aromatic oils and muscular relaxation techniques to restore balance and energize the entire body.*

\$140.00 usd (50 min)

***\$175.00 usd (80 min)**

Antique Thai massage:

“We send positive energy to the one we touch, so that his mind receives peace and serenity, his body receives the benefits of the Antique Thai massage, and so that he/she will be eternally peaceful and happy”

This is the way our therapists commence, with the feeling of giving and receiving.

The art of the Antique Thai massage combines muscular stretching, acupuncture yoga and reiki postures, reflexology and meditation techniques, as well for the receiver as for the massage therapist, that allows the body to increase its flexibility.

The benefits of the Thai massage could be physiologists, stimulating blood circulation, and releasing the muscular fatigue, while detoxifying and stimulating the inner organs for the ultimate integration and harmonization of the body.

It clears the thoughts, releases the mind and leaves us with an incredible feeling of well-being.

Because it is not a conventional massage, we request you wear the comfortable clothes that we provide in the spa.

We also ask that any kind of jewelry or any other objects not be taken into the therapy room.

This massage therapy is conducted on the floor so we recommend it best for healthy people.

It is not recommended for those with bone disease, fractures or joint dislocation. Nor for those who may be treated with cortisone or any other medication for cancer, tuberculosis, tuberculous tissues.

Also not recommended for women who are pregnant.

Loving kindness, compassion, sympathetic joy and equanimity are the four boundless states of mind with which a massage is given in our spa.

\$190.00 usd (80 min)

Reflexology: *A healing therapy based on a massage of the energy points in the hands and feet, it will relieve the stress and release the energy flow in the body.*

\$110.00 usd (50 min)

\$75.00 usd (25min)

Aroma-reflex: *Aromatherapy oils are used to improve the therapeutic benefits obtained from a reflexology session*

\$115.00 usd (50 min)

\$85.00 usd (25min)

Neck, Shoulder and Back Tension: *Efficient massage incorporates bodywork that aches the tension. Retaining areas of muscles tissue such as neck, shoulder and back.*

\$80.00 usd (25 min)

\$125.00 usd (50min)

In room beauty massage: *Enjoy a personalized, side-by-side massage for two in the luxury and privacy of your room, followed by a spa gift*

This service has a surcharge of \$50.00 usd p/p on top of the selected massage,

minimum 60 min. massage

Holistic Massage: *A complete massage using a combination of different techniques to connect the mind, body and spirit.*

\$160.00 usd (80 min)

Every day massage: *Enjoy a variety of different massages every day at a great discount (neck and shoulder 25min, deep tissue 50 min, Hot Stone 80 min.*

\$320.00 usd

Ocean View Massage: *massage in front of the Caribbean Sea with the sound of ocean waves.*

Cost:150.00 usd (50min)

Cost: 180.00 usd (80 min)

for 80 minutes includes a bottle of champagne

Couples room: *choose your preferred massage and get it side by side.*

This room has a surcharge of \$20.00 usd p/p on top of the selected massage,

Body Treatments

Phytomer is the brand of products that we use in facials and wraps.

Legs Alive (cold treatment) A revitalizing leg treatment which includes exfoliation to eliminate dead skin, followed by a soothing foot and leg care gel to bring a spring into your step.

\$90.00 usd (25 min)

Sun Burn Treatment Release and Regeneration Treatment (cold treatment) This treatment will help to relieve the soreness of sunburn skin and will help to activate the production of new body cells.

**\$90.00 usd (25min) does not include the after sun repair
\$140.00 usd (25min) includes an after sun instant repair.**

Marine Mud Body Wrap (hot treatment) This a deluxe corporal exfoliation that makes a combination of marine mud from the Death Sea, essentials oils and salts to give you the hydration that you need.

\$160.00 usd (80 min)

Silk Body Wrap (cold treatment) A fabulous, super hydrating treatment for your entire body it is especially designed for dry, rough scaly skin that does not respond to regular body creams.

\$160.00 usd (80min)

Micronized Marine Seaweed Wrap (hot treatment): Relieve aches and pains, detoxifies and revives the metabolic balance.

\$140.00 usd (50 min)

Volcanic Mud Wrap (hot treatment): Is rich in phyto-enzymes that helps to improve your skin tone. Activates metabolic functions, and improves skin oxygenation and circulation.

\$140.00 usd (50 min)

******Firming Body Wrap (cold treatment):*** reduces fluid retention, cellulite, and stimulates microcirculation.

\$140.00 usd(50 min)

******Lipomarine 3 Body Wrap (hot treatment):*** highly efficient solution to weight problems. Eliminate excess fatty deposits; reduce water retention and relieving muscular fatigue.

\$140.00 usd (50 min)

******Firming Cellulite Treatment (hot-cold treatment):*** This treatment can substantially reduce the appearance of cellulite.

\$140.00 usd (50 min)

******For three section of this treatments you can see a better result.***

\$380.00usd(50 min)

Royal Exfoliations

Roses, coffee, chocolate, pineapple- mango, lavender, green tea, are some of the aromas you can choose.

Even when you are on vacation, your skin always needs to be clean and fresh. Enjoy our exfoliations menu, choosing your favorite aroma.

\$75.00 usd (25 min)

If you like to pamper yourself, allow us to give you a body mask with the same aroma

\$120.00 usd (50 min)

Face Care

Express facial: get ready for any party in 25 min with a cleansing and radiance mask. (Does not include extraction or steam)

\$80.00 usd (25 min)

Sun Burn Facial Mask: this wonderful mask that contains hazel and marine extracts will really help you to feel better after a sun burn, clear and freshens the skin for a perfectly harmonized complexion.

\$85.00 usd (25min)

Hydra System Vie Collection: A powerful catalyst, it stimulates cellular renewal and remodels facial contours, helps to combat premature skin, sagging and wrinkling skin. It's to travel around the five continents Oceania (wake up with the lomi-lomi therapy) Europe (lymphatic massage) Asia (with the Shiatsu massage) America (with the Micro-D exfoliation) and Africa with the reflexology in you feet, it is an experience that you will never forget.

\$150.00 usd (80 min)

Seaweed Mask (oily skin): It stabilizes sebaceous secretions, stimulates coetaneous circulation and combats surface toxins. It is rich in amino acids, vitamins (a, b1, b2, b12, c and d) and reduces shine.

\$135.00 usd (50min)

Hydra-Intensive Mask: Specially designed for dry and dehydrated skins, this treatment softens and smoothes the skin and helps maintain moisture balance.

\$135.00 usd (50 min)

Hydrating Mask (young skin): An intense moisturizing bath, this cream mask leaves skin more supple and comfortable. Acts to help skin hold moisture and helps re-establish levels in the upper layers of the skin.

\$135.00 usd (50min)

Accept mask (sensitive skin): Specially formulated for skin that is intolerant to traditional cosmetics, this mask acts like a healing bandage to calm and soothe skin. Helps boost skin's natural defense system. Hypoallergenic. Tested under dermatological supervision.

\$135.00 usd (50min)

O2 Marine (oxygen for all skin types): A purifying treatment for sluggish skin polluted by stress. This facial booster incorporates marine, plants and fruits (orange, arnica, cactus flower) to assure balanced protein and to oxygenate and nourish the skin.

\$135.00 usd (50 min)

Ogenage revitalizing mask (instant radiance for mature skin) With its intensive deep penetrating action, this mask helps stimulate production of collagen and elastin, and revitalizes cells. Leaves the skin radiant and toned by fading the ravages of time.

\$150.00 usd (80 min)

Deep cleansing back area: perhaps you desire a deep cleansing of your back and we are prepared for that with excellent products and techniques, we offer exfoliation, steam, extractions and mask. Please ask for details.

\$120.00 usd (50min)

Pay an additional charge and receive:

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| Eye contour pads additional to your facial | \$30.00 usd |
| Only the eyes treatment pads | \$50.00 usd |
| Eye contour pads and a legs alive treatment (20 min) | \$60.00 usd |
| Reflexology massage during the facial | \$50.00 usd |

Beauty Salon

Our Beauty Salon is an exclusive Redken Center

Hair Services

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|--------------------------------|--------------|
| Men hair cut | \$35 usd |
| Haircut(no style) | \$50 usd /up |
| Hair cut and style | \$75 usd/up |
| Shampoo and Style (short hair) | \$55 usd/up |
| Shampoo /Style (long hair) | \$80 usd/up |
| Up-do | \$95 usd/up |

Conditioning:(no style)

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| Reconstruction | \$55 usd |
| Hydrating | \$55 usd |

Nail Service

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| Royal pedicure-h15min (scrub, self heating mud, massage) | \$80 usd |
| Regular manicure- 30 to 40 min | \$45 usd |
| French manicure –30 to 45 min | \$50 usd |
| Spa Manicure – 50min (scrub, paraffin and massage) | \$60 usd |
| French and spa manicure- 1h | \$60 usd |
| Volcanic mud manicure-1h 15min.(scrub, mud, massage) | \$65 usd |
| Regular pedicure – 30 to 45minutes | \$50 usd |
| French pedicure – 45 minutes | \$60 usd |
| Spa Pedicure – 50min(scrub, paraffin and massage) | \$70 usd |
| French and spa pedicure- 1hr | \$70 usd |
| Volcanic mud pedicure 1h 15 min | \$75 usd |
| Polish Change finger -- 10 min | \$15 usd |
| Polish change toes – 15min | \$15 usd |
| Polish change French | \$20 usd |

Braids

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|--------------------|---------------|
| Decorative Braids | \$3 usd |
| Half Crown -1.5hrs | \$40 usd |
| Full Head-2.5hrs | \$110 usd /up |
| Decorative flower | \$2 usd |

Waxing

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|----------------------|-----------|
| Full leg | \$110 usd |
| Half leg | \$60 usd |
| Bikini | \$40 usd |
| Half Arm | \$40 usd |
| Full Arm | \$45 usd |
| Chin, lip or eyebrow | \$20 usd |
| Armpit | \$35 usd |